



Patty Jackson Life Coach Training



Information Guide



Hello and thank you for considering Patty Jackson Life Coach Training as your life coach school. It is my greatest pleasure to support passionate leaders in tapping into their personal power and full ability to bring out the best in themselves, others and life.

This guide is written to answer your questions and help you feel confident in your decision to learn with us.

Some of the unique differences you will experience learning with us are:

- We are committed to supporting you in developing your unique message and your way of inspiring others
- We keep our class sizes small, capping enrollment at 12 students
- We address energy, spirituality, emotions and humanness in a universal, grounded manner
- We provide a comfortable welcoming space for people of all or no faith
- You will leave with state-of-the-art tools, including the original Energy Bubbles curriculum
- We provide ongoing support and an engaging community

Program Logistics:

Our training takes place virtually. Classes meet over zoom.us, a widely used video conferencing platform. This allows you to attend from anywhere in the world. You will need a computer with a microphone and internet or a cellphone. It is beneficial to have a webcam, but it is not necessary.

The curriculum is based on thirteen years of development. It contains foundational coaching skills as well as Patty Jacksons' original concepts including Energy Bubbles, Seven Steps to Positive Change, the G.O.L.F. process and Constructive Conversations.

Patty firmly believes that the class content is dependent upon each student's live participation. Your wisdom and experiences are an integral part of the curriculum. There will be twenty classes over the course of five months. During that time you will learn coaching skills in a group coaching setting, observe, practice and review coaching sessions with your classmates.

Classes will be recorded for you to review or attend at a later time.

Full Training Program Overview

<i>Module 1</i>	<i>We've Only Just Begun</i>
<i>Module 2</i>	<i>Energy Bubbles</i>
<i>Module 3</i>	<i>Paving the Road with Passion</i>
<i>Module 4</i>	<i>Overcoming Fear and Releasing the Past</i>
<i>Module 5</i>	<i>Powerfully Navigating the Present</i>
<i>Module 6</i>	<i>Relationships and Communication</i>
<i>Module 7</i>	<i>Coaching</i>
<i>Module 8</i>	<i>Practice Coaching</i>
<i>Module 9</i>	<i>Tools</i>
<i>Module 10</i>	<i>Resources</i>
<i>Module 11</i>	<i>Songs</i>
<i>Module 12</i>	<i>Live Class Materials</i>

Patty Jacksons Life Coach Training

We begin with you...

To effectively coach others, whether formally or naturally, you need to know how you powerfully navigate your own life. You already do it most of the time. When you get stuck, it is normal to forget all the things you know that work for you. In this class you will learn how your life works. How you tap in to your passion, stay in your flow and successfully navigate challenges. You will learn tools to forgive the past and return to your flow when life –or your own doing—bumps you out.

Working with others is a life-skill...

You may or may not want to become a life coach. This level is for people who want to learn more about relationships, influence, leadership and group dynamics. It is a time to exercise and apply concepts learned in the Self-Coaching Program and expand them into powerfully working with others.

Certification

By completing practicum work and additional requirements, you will earn a Patty Jackson Life Coach Certification (CLC) and the subsequent benefits and recognition.

Certification Requirements:

Patty Jackson Life Coach Training Program is designed to provide you with advanced people skills that benefit all aspects of your life. If you choose to earn Patty Jackson Life Coach Certification, you may do so by successfully fulfilling the following requirements:

- Complete Patty Jackson Life Coach Training program Levels One and Two
- Attend at least fifteen classes in live time. (Up to five classes can be attended through our class recordings).
- Give 60 free hours of coaching or 40 paid hours (you can begin these hours during training)
- Read the following books:
 - *The Four Agreements* – Don Miguel Ruiz
 - *You Can Heal Your Life* – Louise Hay
 - *There is No Such Thing as a Dragon* – Jack Kent
 - *The Little Soul and the Sun* – Neale Donald Walsh
- Receive two personal coaching sessions from Patty Jackson

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- Receive two mentor coaching sessions from Patty Jackson
- Pay \$975 one time certification fee

Benefits of Certification:

- Increased confidence in your coaching style
- Patty Jackson Certified Coach logo for marketing materials, business cards, website
- Name and contact information on Patty Jackson Certified Coach page
- Quarterly Coaches Success Circle
- Printable online forms and tools
- Access to private coaches Facebook group

Frequently Asked Questions:

1. Is Patty Jackson Life Coach Training ICF accredited?

The ICF has defined a set of core competencies and code of ethics for coaches. They are excellent. Your learning will include and exceed these competencies and ethics.

Life coaching is an industry that empowers individuals to value themselves while trusting and expressing their unique life purpose and desires. There is no governing standard for coaches in the United States or the world. Patty believes newly certified coaches are best served putting their time, attention, resources and efforts towards coaching and building their own platform, not working to gain more levels of non-required credentials. For these reasons, she has chosen not to acquire ICF Accreditation for herself or this program. (The ICF requires a significant list of requirements to become a ICF accredited coach even after graduating from an ICF accredited school. They also offer accreditation for coaches who graduate from a non-accredited school through their ACC Portfolio path.)

2. What are the requirements outside of class?

The real magic of our coach curriculum happens in the hours outside of class—where significant positive changes naturally occur as a result of what you are learning.

Specific outside of class activities may take between one and three hours per week. We call outside of class work “homeplay” to stress the importance of enjoying the activities you choose to do.

3. Do you have a payment plan?

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Yes. We have a payment plan for those going through Life Coach Training. You can pay in three payments. In order to enroll and save a spot in our training, we require a down payment. Your credit card will then be automatically charged each month for three months. There will be a service charge for this option.

The Self-Coaching Program and Certification option need to be paid in full.

4. Do you have a refund policy?

Yes. A full refund minus a registration and materials fee will be refunded until the beginning of the fourth class.

6. What if I do not want to become a coach? Can I still take this course?

Yes. Many people take this class simply for the advanced life skills that are learned. Whether you integrate your learning as a coach, business leader, parent or compassionate friend, this program has been touted as something everyone should take. If you are unsure of your intentions for taking this program, we recommend starting with the Self-Coaching Program and make your next decisions when things become more clear.

7. Are there any other expenses besides tuition?

No. You should be able to borrow the required reading books from the library. If you choose to purchase them, they are about \$20 each and can be found on Amazon.

Tuition:

Life Coach Training:

Cost: \$3800 paid in full or \$900 deposit and three monthly payments of \$975

Life Coach Certification: \$975

Retake of Life Coach Training: \$795

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Fall 2017 Program Dates:

In person dates:

Wednesday, September 20th and October 25th
9am-4pm CST with optional social hour 4-5 pm

Location:

Jacksons Lake Home or over Zoom
W4623 Shagbark Lane
Waupaca, WI

zoom



Online live video classroom dates:

Wednesday, September 27, October 4, 11, 18th, November 1, 3, 8, 15, 29,
December 6, 13, 20, 27, January 3, 10th

Winter 2018 Program begins mid-January

Contact us for additional programs at your location

Enrollment Form

Name

Address

City, State and Zip Code

Telephone number

Email

What do you hope to learn from this program?

What accomplishment are you proud of?

Remember a time where you made a positive impact on someone's life. How did you do it?